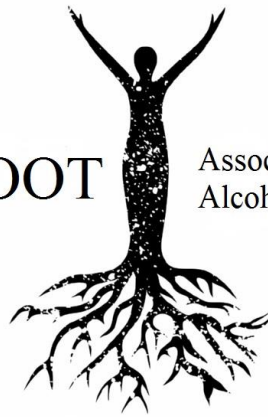


# THE ROOT

Association on Women,  
Alcohol and Addiction



Reykjavík, Iceland, 24 March 2016

Subject: Submission to the Universal Periodic review of Iceland – information letter

Dear sir/madam.

This is a submission from Rótin - The Root in English - which is an Association on Women, Alcohol and Addiction. The homepage is: [www.rotin.is](http://www.rotin.is). The email address is: [rotin@rotin.is](mailto:rotin@rotin.is). Regular mail address is: Reykjabyggð 34, 270 Mosfellsbær, Iceland. The contact person is: Mrs. Kristín I. Pálsdóttir, spokeswomen. Tel: +354-8939327.

The Root was established on the 8 March 2013 by a group of women eager to instigate a change of course in the field of addiction treatment in Iceland, and be a forum for critical discussions on women, addiction, violence and trauma, both for women with addiction problems, as well as their relations and professionals. At the moment the Root has 300 members and the work is almost entirely based on voluntary work.

The objectives of the Root are also to promote public discussion and awareness on issues relating to women, addiction, trauma and violence, as well as to gather knowledge, give lectures, take part in conferences and seminars alone or in cooperation with other associations or institutions. And last but not least, our aim is to raise the awareness of the authorities and other relevant bodies of these issues and how they are dealt with in the healthcare system. It has been apparent for a long time that the treatment that is now available in the Icelandic health care system to women suffering from addiction and trauma and who are often victims of violence, is wholly inadequate. There is a pressing need for new and a different kind of treatment for women and their children which find themselves trapped in situations as described, The Root also emphasizes the necessity for diverse solutions and a holistic approach where trauma history and other conditions are treated together.

Sincerely,

On behalf of the Root,

Kristín I. Pálsdóttir, Spokeswomen  
Reykjabyggð 34  
270 Mosfellsbær  
Iceland